



Media Release

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**For Immediate Release
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Kristen Asmundson of River East Collegiate is the January **"Harv-AL Urban Coach of the Month"**. Her Kodiaks Varsity Girls Basketball team is currently ranked #2 in province.

She has been coaching at River East for 8 years, and has attained 6 KPAC championships, 8 MHSAA appearances, and one final four appearance. Kristen is a former Bison athlete and also coaches Field Hockey.

Mr. Keith Braaksma of Glenboro Collegiate has been selected MHSAA January **"Harv-AI Rural Coach of the Month"**. Keith has been involved with the volleyball program at Glenboro School for several years, both as an assistant and head coach. This year as a head coach, along with the team, he was able to win the Provincial "A" Boys' Volleyball title.

As an out of school coach, Keith has done an amazing job with his players. All players respond very positively to Keith as they have a high level of respect with his approach and demeanor in the program. Keith has a wonderful sense of humour with his players, but at the same time he is able to still relay the seriousness of commitment and effort as team. Certainly a great asset to the Glenboro School athletic program!

For more information please contact Morris at 925-5641 or morris@mhsaa.ca

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